Becoming the Healthiest Nation: Addressing the Multiple Determinants of Asian American & Pacific Islander Health
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Tuesday, May 19, 2015
10:00 AM – 11:00 AM SST  11:00 AM – Noon AM HT
2:00 PM – 3:00 PM PT  5:00 PM – 6:00 PM ET

Wednesday, May 20, 2015
7:00 AM – 8:00 AM ChST  9:00 AM – 10:00 AM MHT

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This may happen during a Poll, for example.
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Global Health Internship Kickoff!

Closed captioning available. We’ll begin shortly.

Wednesday, November 5, 2014
Start time: 11 am Pacific | 2 pm Eastern

USAID’s Global Health Fellows Program is implemented by the Public Health Institute and its partners: Global Health Corps, GlobeMed, Management Systems International and PYXERA Global
Housekeeping

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Q&A Feature

Please submit questions via the Q&A Feature

Please submit questions to All Panelists
Polling Feature

Please
1. Choose your answer, then
2. Click Submit
POLL #1

Are you attending this Web Forum:

a. Individually
b. In a group of 2-5 people
c. In a group of 6-10 people
d. In a group of more than 10 people
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Elena Ong, PHN, MS
President & CEO
Asian and Pacific Islander Caucus for Public Health

Elena Ong, PHN, MS, is the President & CEO of the Asian & Pacific Islander Caucus for Public Health, a Governing Council Member at the American Public Health Association, the Vice President of the Southern California Public Health Association, and a member of the California Health Interview Survey's Multicultural Technical Advisory Committee. She is also the Director of Public Policy and Public Affairs at Ong & Associates, where she is currently working on a project related to the Minimum Wage, and an Asian Pacific American Institute for Congressional Studies project on "The Future of Asian Americans & Pacific Islanders in 2040."

Website: www.apicaucus.org
Happy Asian American and Pacific Islander Heritage Month!
Welcome to our Presenters:

Carmen Nevarez  
Lisa Hasegawa  
Emi Chutaro
POLL #2

Are you familiar with the American Public Health Association’s vision to “Become the Healthiest Nation in One Generation?”

a. Yes, it is a major part of my job.

b. I’m in! I’ve signed the “Become the Healthiest Nation” pledge.

c. I have heard about it, but have not yet signed the pledge.

d. I have never heard of it, and I want to learn more!
Carmen R. Nevarez, MD, MPH
Vice President for External Relations
Preventive Medicine Advisor
Public Health Institute

Dr. Nevarez has over 32 years of experience as a physician and 29 years as a public health practitioner, having served as the Director of Department of Health and Human Services and Health Officer, City of Berkeley, California, as well as in various clinical settings, including Medical Director at La Clinica de la Raza in Oakland. She is Past President of the American Public Health Association (APHA). Her areas of expertise include women's reproductive health, Latino health, community based strategies for chronic disease prevention, and social media for public health.

Website:  www.phi.org  and  www.dialogue4health.org
Can we become the healthiest nation?

Did you know? Americans live shorter lives and suffer more health problems than peers in other high-income countries.

Americans believe that we are the healthiest in the world...

...but we rank 34th in life expectancy.

When compared to other high-income countries the United States performs poorly on most measures of health, from infant mortality to obesity and chronic disease.
Within the U.S., we have shocking differences in life expectancy based on...

Where we live
- 15 years

Our income
- 10 years

Our education
- 9 years

Our race
- 7 years

Even our most advantaged people live shorter lives than peers in other countries.
Social, environmental and individual factors influence our health as well as the opportunity to make healthy choices.

And inequities in these factors have **greater impact** on the health of **people of color**.
We have less focus on prevention

Nearly 50% of Americans suffer from preventable, chronic disease, yet only 3% of health care spending is on prevention and public health programs.

More People in poverty = poor health

The U.S. has higher rates of poverty, greater income inequality and less economic mobility than other high-income countries.

Where we live matters

- Where we live should be safe and have accessible places to walk, exercise and play.
- Gun homicides are 20 times higher than in peer countries.
- Nearly 50% of Americans live in communities with unhealthy levels of air pollution.
Together, we can change this

Creating the healthiest nation requires making healthy choices as individuals **AND** as a society. We must join together to demand that our leaders consider our health in all their decisions.

1. **Join the movement**

   - **Healthy Choices** + **Collective Action** = **Better Health**

   Sign the pledge to create the healthiest nation [www.apha.org/2030](http://www.apha.org/2030)

2. **Spread the word**
POLL #3

Are you familiar with community organizing?

a. Yes, it is a major part of my job.
b. I work closely with community organizers and believe that it is an essential strategy to eliminate health disparities.
c. I know community organizing groups that we could partner with.
d. I have never thought about partnering with community organizing groups, but I want to know more!
e. I do not anticipate incorporating community organizing into my work.
Lisa Hasegawa is the Executive Director of the National Coalition for Asian Pacific American Community Development (National CAPACD). National CAPACD is the first national advocacy organization dedicated to meeting the housing and community development needs of low income Asian American and Pacific Islander communities across the country. The mission of National CAPACD is to improve the quality of life for low-income Asian American and Pacific Islanders by promoting economic vitality, civic and political participation, and racial equity. National CAPACD is also the first and only national AAPI-serving HUD housing counseling intermediary.

Website:  www.nationalcapacd.org
POLL #4

To what extent do your health strategies include efforts to improve housing, neighborhoods and the built environment?

a. It is a major part of my job.
b. I work closely with community development and/or affordable housing development organizations to improve neighborhoods and housing conditions.
c. I know of housing and community development groups that we could partner with.
d. I have never thought about partnering with housing and community development groups, but I want to know more!
e. I do not anticipate incorporating housing and community development into my work.
Emi Chutaro is the Executive Director of the Secretariat Staff of the Pacific Island Health Officers’ Association. She is from the Marshall Islands and has worked across the Pacific in the health and education sectors for the past 16 years in national, government, community-based and international organizations. PIHOA is health policy, strategic engagement and technical assistance organization governed by the chief health officials of the US territories of American Samoa, Guam and the Commonwealth of the Northern Mariana Islanders, and the US freely-associated states of the Republic of the Marshall Islands, Republic of Palau, and the Federated States of Micronesia.

Website:  www.pihoa.org
Current initiatives include:

1. Health workforce development.
2. Health information management systems.
3. Health systems performance improvement.
4. Laboratory strengthening.
5. Strategic engagement and coordination.
6. Regional health policy development.
POLL #5

Do you have a better understanding of the social determinants of health with respect to climate change impact in the Pacific islands?

a. Yes, I have a better understanding and have potential policy areas to support the Pacific Islander populations.
b. Yes, I have a better understanding, do not yet have potential policy areas to support the Pacific Islander populations.
c. No, I don’t have a better understanding of climate change impact and what policies are needed to support the Pacific Islander populations.
d. I need more information to work with Pacific Islander populations with regards to climate change policy.
**Q&A Feature**

Please submit questions via the **Q&A Feature**

Please submit questions to **All Panelists**
Thank you to our presenters and moderator:

Carmen Nevarez

Lisa Hasegawa

Emi Chutaro

Elena Ong
Thank you to our sponsor:
Thank you to our community sponsors:

American Association of Retired Persons (AARP)
American Samoan Department of Health
Asian & Pacific Islander American Health Forum (APIAHF)
Asian & Pacific Islander Institute on Domestic Violence (API Institute)
Asian American Network for Cancer Awareness and Training (AANCART)
Asian American Research Center on Health (ARCH)
Asian Immigrant Women’s Advocate (AIWA)
Asian Pacific American Medical Students Association (APAMSA)
Asian Pacific Partners for Empowerment, Advocacy and Leadership (APPEAL)
Asians & Pacific Islanders with Disabilities of California
Association of Asian Pacific Community Health Organizations (AAPCHO)
California Pan-Ethnic Health Network (CPEHN)
Center for Pan Asian Community Services, Inc (CPACS)
Community Health Outreach Work to Prevent AIDS/HIV (CHOW)
Community-Based Public Health Caucus, as recognized by APHA
Thank you to our community sponsors:

Council for Native Hawaiian Advancement
Dialogue4Health
Empowering Pacific Islander Communities (EPIC)
Guam Communications Network (GCN)
Hawaii Public Health Association (HPHA)
HEP B Foundation (HBF)
Hep B United
Micronesian Health Advisory Coalition (MHAC)
National Asian American Pacific Islander Mental Health Association (NAAPIMHA)
National Asian Pacific American Families Against Substance Abuse (NAPAFASA)
National Asian Pacific American Women’s Forum (NAPAWF)
National Asian Pacific Center on Aging (NAPCA)
National Council Of Asian Pacific Islander Physicians (NCAPIP)
National Federation of Filipino American Associations (NaFFAA)
Thank you to our community sponsors:

National Hawaiian & Pacific Islander Alliance (NHPIA)
National Queer Asian Pacific Islander Alliance (NQAPIA)
National Tongan American Society (NTAS)
NYU Center for the Study of Asian American Health (CSAAH)
Office of Hawaiian Affairs
Pacific Asian Consortium in Employment (PACE)
Pacific Island Health Officers Association (PIHOA)
Papa Ola Lokahi (POL)
Richmond Area Multi-Services, Inc. (RAMS)
Samoan Community Development Center (SCDC)
Samoan National Nurses Association (SNNA)
South Asian Public Health Association (SAPHA)
Southern California Public Health Association (SCPHA)
Taulama for Tongans
The California Endowment
Women’s Caucus, as recognized by APHA
Thank you to our behind-the-scenes people at Dialogue4Health!

Holly Calhoun

Joanna Hathaway
A big mahalo to our behind-the-scenes API Caucus Board Members!

Natalie Ah Soon  
Niki Bannister  
Sherry Chen  
Lan Doan  
Angela Sy
Board Member
Call for Nominations

• Vice President
  (President in November 2016)
• Treasurer
• Caucus Director 1
• Caucus Director 2
• Membership Director
• Program Director-Elect
• Student Representative 1
143rd Meeting and Exposition: Health in All Policies
Oct. 31 – Nov. 4, 2015
Chicago, IL

www.apha.org
Save the Date: APHA 143rd Annual Meeting
Nov. 1-3, 2015

• Joint Session on “Ensuring a Healthy Future for AAPI Older Adults”

• APIC Scientific Sessions

• APIC Business Meeting

• APIC Student & Young Professionals Social

• APIC Awards Social
Thank you for joining our Web Forum!

The **Recording** and **Slides** will be available at [www.Dialogue4Health.org](http://www.Dialogue4Health.org)