

Is Your Community Putting Prevention to Work? Ways to Increase Walking and Bicycling

Thursday, July 11, 2013

10:00 AM to 11:30 PM Pacific

1:00 PM to 2:30 PM Eastern

Welcome and thank you for joining our Web Forum!

Technical difficulties? Call **1-866-229-3239**

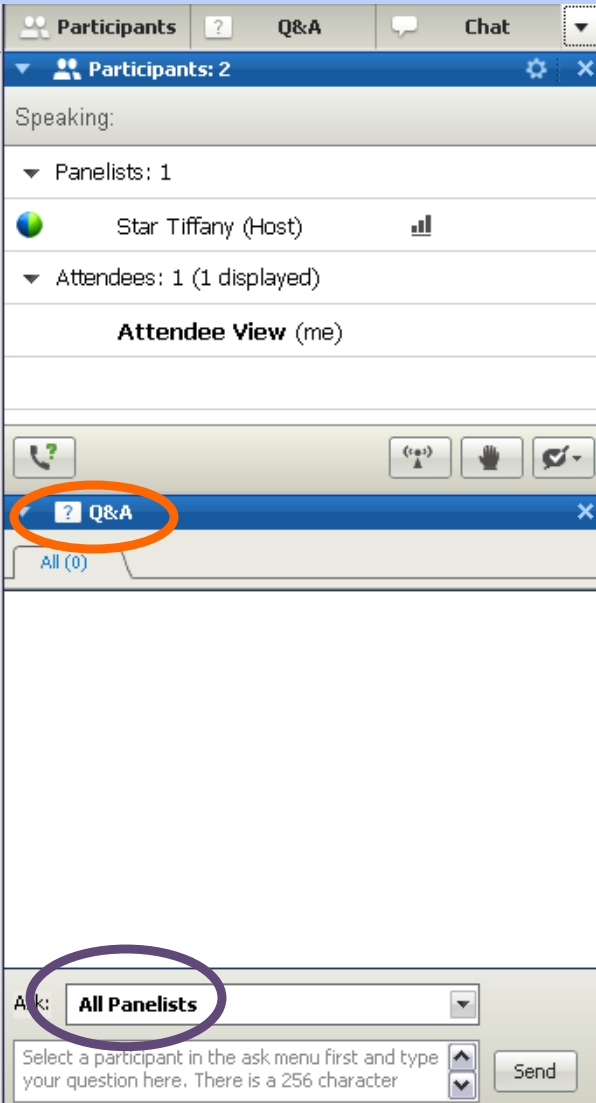
Please complete the Post-Web Forum online evaluation. **We need your feedback!**

Recording and **Slides** will be available at www.Dialogue4Health.org

Q&A Feature

Please submit questions via the
Q&A Feature

Please send your questions to
All Panelists



Participants Q&A Chat

Participants: 2

Speaking:

Panelists: 1

Star Tiffany (Host)

Attendees: 1 (1 displayed)

Attendee View (me)

Q&A

All (0)

Ask: All Panelists

Select a participant in the ask menu first and type your question here. There is a 256 character

Send

Polling Feature

Please

1. Choose your **answer**, then
2. Click **Submit**



Partic... Chat Q&A Polling

Participants: 2

Name	Tools
Star Tiffany (Host)	
Attendees: 1 (1 displayed)	

Attendee View

Request Mute

Q&A

All (0)

Ask: All Panelists

Select a participant in the ask menu first and type your question here. There is a 256 character limit. Send

Time elapsed: 0:20 Time limit: 1:30

Poll Questions:

1. I am attending this Web Forum:

- a. Individually
- b. In a group of 2-5
- c. In a group of 6-10
- d. In a group of more than 10 people

Submit

Your answer may be recorded. Submit

POLL #1

Are you attending this Web Forum:

- a. Individually
- b. In a group of 2-5 people
- c. In a group of 6-10 people
- d. In a group of more than 10 people



Deborah Lou, PhD

Program Analyst

Active Living Research, A National Program of the
Robert Wood Johnson Foundation
University of California, San Diego

Debbie Lou is the program analyst with Active Living Research, a national program of the Robert Wood Johnson Foundation. Debbie engages advocacy, policy, and community groups to develop opportunities for research translation and dissemination, especially to ensure the research meets the needs of communities at highest risk for childhood obesity.

Debbie is co-author of a research synthesis with Dr. Wendell Taylor titled "Do All Children Have Places to be Active?" This synthesis reviews evidence showing that lower-income people and racial and ethnic minorities often live in communities that discourage active living.

Website: www.activelivingresearch.org

Objectives

- Learn about CPPW projects from 3 different regions focused on active transportation;
- Understand how policies and the built environment impact public health;
- Identify how multiple sectors/stakeholders can work together to pursue active transportation projects

Thank you to our presenters:



**Nick
Sims**



**Vikrant
Sood**



**Julia
Murphy**

POLL #2

How knowledgeable are you about the connections between “active transportation” and public health?

- a. Very
- b. Somewhat
- c. Just a little bit
- d. Not very much

Polling Feature

Please

1. Choose your **answer**, then
2. Click **Submit**



Partic... Chat Q&A Polling

Participants: 2

Name	Tools
Star Tiffany (Host)	
Attendees: 1 (1 displayed)	

Attendee View

Request Mute

Q&A

All (0)

Ask: All Panelists

Select a participant in the ask menu first and type your question here. There is a 256 character limit. Send

Time elapsed: 0:20 Time limit: 1:30

Poll Questions:

1. I am attending this Web Forum:

- a. Individually
- b. In a group of 2-5
- c. In a group of 6-10
- d. In a group of more than 10 people

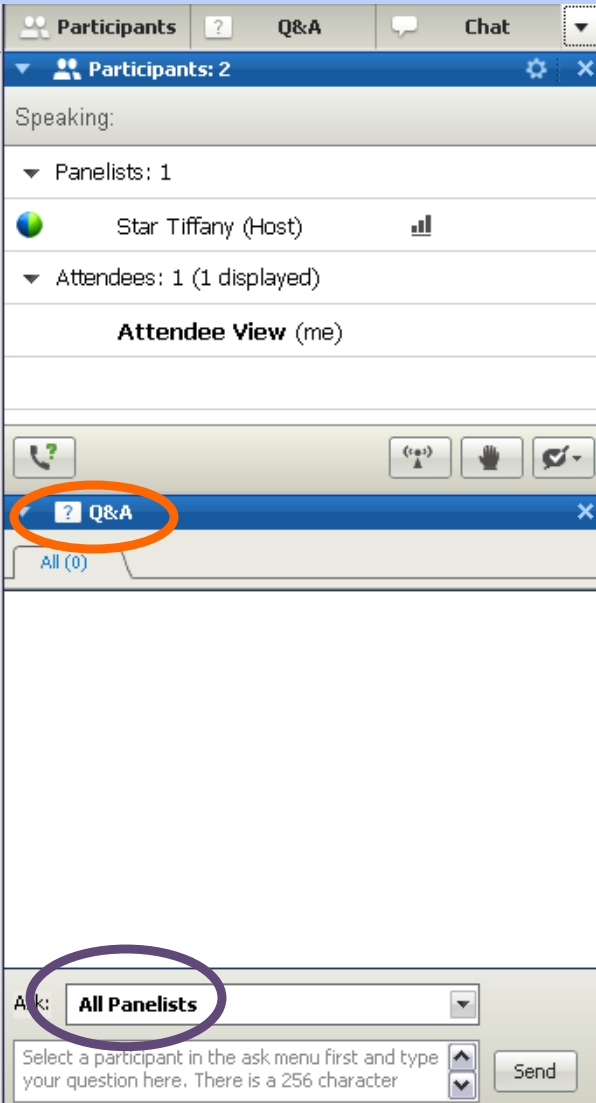
Submit

Your answer may be recorded. Submit

Q&A Feature

Please submit questions via the
Q&A Feature

Please send your questions to
All Panelists



Participants Q&A Chat

Participants: 2

Speaking:

Panelists: 1

Star Tiffany (Host)

Attendees: 1 (1 displayed)

Attendee View (me)

Q&A

All (0)

Ask: All Panelists

Select a participant in the ask menu first and type your question here. There is a 256 character

Send



Nick Sims

Safe Routes to Schools of Central Alabama

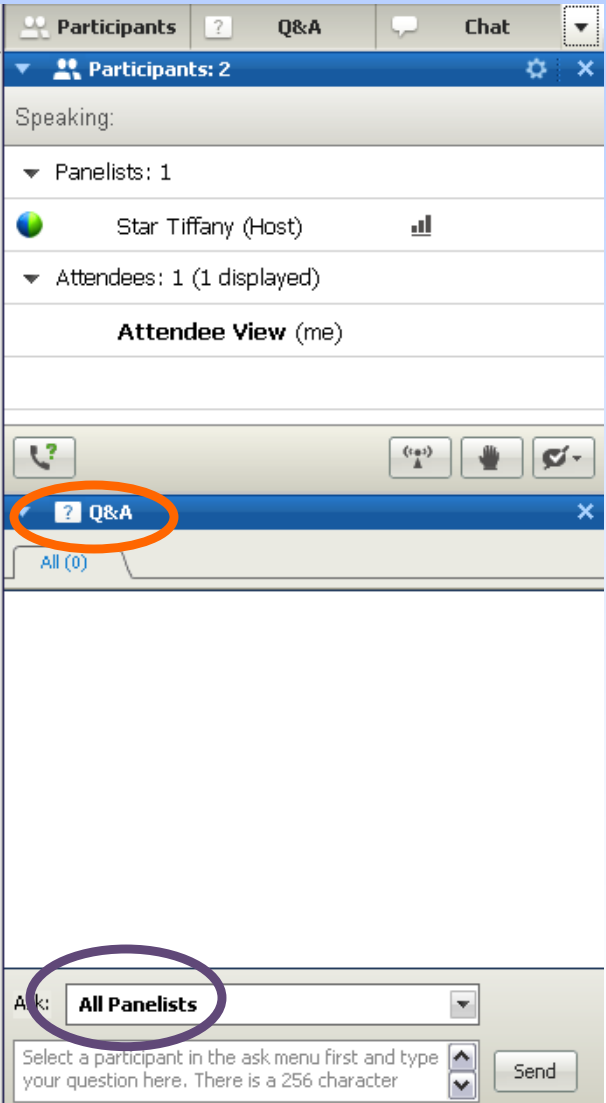
Nick currently works with Safe Routes to School of Central Alabama, a joint initiative of the Regional Planning Commission of Greater Birmingham and United Way of Central Alabama. During CPPW he worked with the Jefferson County Commission, and then the Jefferson County Health Action Partnership as a Planner in effort to improve the built environment through the adoption of plans and policies which create livable, walkable communities.

Website: www.saferoutesal.org

Q&A Feature

Please submit questions via the
Q&A Feature

Please send your questions to
All Panelists



Participants Q&A Chat

Participants: 2

Speaking:

Panelists: 1

Star Tiffany (Host)

Attendees: 1 (1 displayed)

Attendee View (me)

Q&A

All (0)

Ask: All Panelists

Select a participant in the ask menu first and type your question here. There is a 256 character

Send

POLL #3

From your own observations or knowledge, how common is it for children in your neighborhood to walk or bike to school?

- a. Very common
- b. Somewhat common
- c. It's very rare
- d. I do not know

Polling Feature

Please

1. Choose your **answer**, then
2. Click **Submit**



Partic... Chat Q&A Polling

Participants: 2

Name	Tools
Star Tiffany (Host)	
Attendees: 1 (1 displayed)	

Attendee View

Request Mute

Q&A

All (0)

Ask: All Panelists

Select a participant in the ask menu first and type your question here. There is a 256 character limit. Send

Time elapsed: 0:20 Time limit: 1:30

Poll Questions:

1. I am attending this Web Forum:

- a. Individually
- b. In a group of 2-5
- c. In a group of 6-10
- d. In a group of more than 10 people

Submit

Your answer may be recorded. Submit



Vikrant Sood

Program Manager

Bay Area Regional Prosperity Project

Metropolitan Transportation Commission (MTC)

Formerly Public Health Planning Specialist

San Diego Association of Governments (SANDAG)

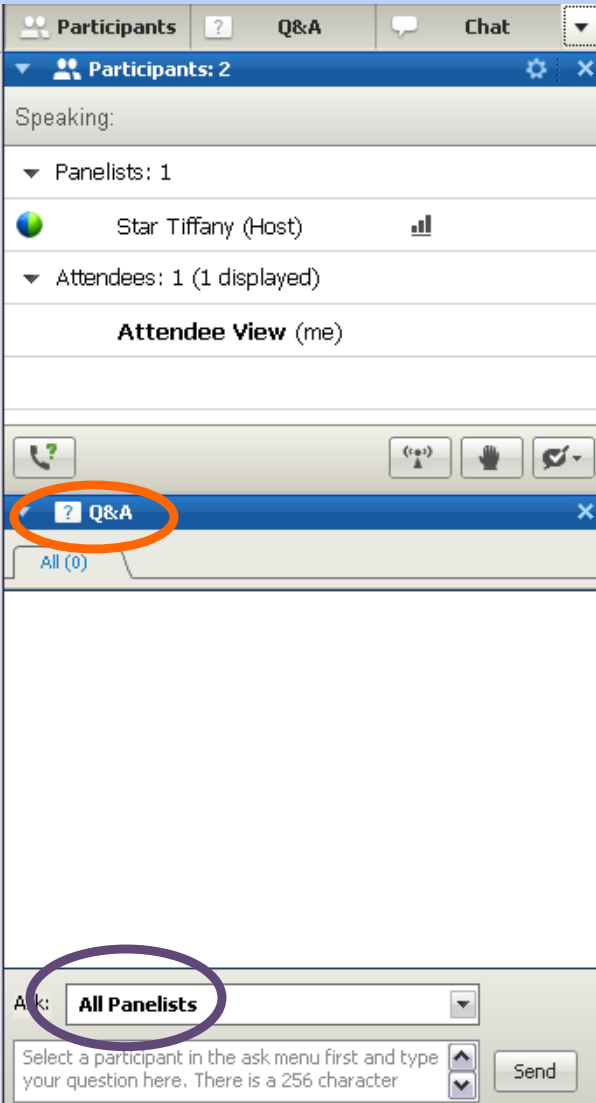
Vikrant Sood is a Program Manager at the Metropolitan Transportation Commission, the regional transportation planning agency for the nine-county San Francisco Bay Area, where he manages the Regional Prosperity Plan, a \$5 million program funded by the US Department of Housing and Urban Development, that promotes sustainable and healthy communities through coordinated housing, transportation and economic development strategies. Before joining MTC, Vikrant was the Program Manager for the Communities Putting Prevention to Work program at the San Diego Association of Government, the transportation planning agency for the San Diego region.

Websites: www.mtc.ca.gov and www.sandag.org

Q&A Feature

Please submit questions via the
Q&A Feature

Please send your questions to
All Panelists



Participants Q&A Chat

Participants: 2

Speaking:

Panelists: 1

Star Tiffany (Host)

Attendees: 1 (1 displayed)

Attendee View (me)

Q&A

All (0)

Ask: All Panelists

Select a participant in the ask menu first and type your question here. There is a 256 character

Send

POLL #6

According to a recent report from the League of American Bicyclists, which of the following is the fastest growing segment of the bicycling population?

- a. White men
- b. People of color
- c. White women
- d. Children

Polling Feature

Please

1. Choose your **answer**, then
2. Click **Submit**



Partic... Chat Q&A Polling

Participants: 2

Name	Tools
Star Tiffany (Host)	
Attendees: 1 (1 displayed)	

Attendee View

Request Mute

Q&A

All (0)

Ask: All Panelists

Select a participant in the ask menu first and type your question here. There is a 256 character limit. Send

Time elapsed: 0:20 Time limit: 1:30

Poll Questions:

1. I am attending this Web Forum:

- a. Individually
- b. In a group of 2-5
- c. In a group of 6-10
- d. In a group of more than 10 people

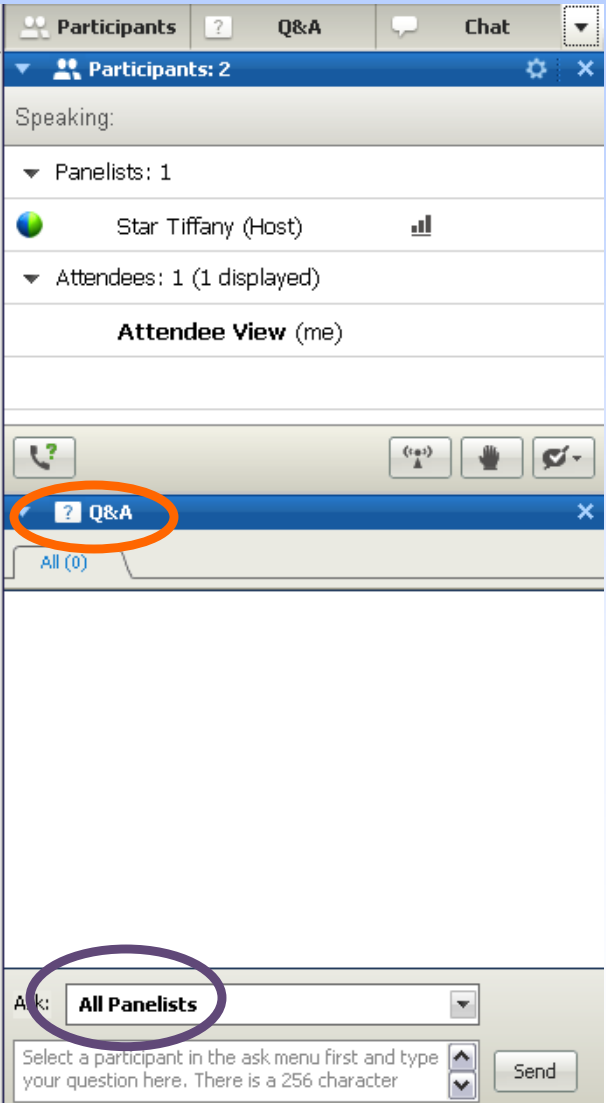
Submit

Your answer may be recorded. Submit

Q&A Feature

Please submit questions via the
Q&A Feature

Please send your questions to
All Panelists



Participants Q&A Chat

Participants: 2

Speaking:

Panelists: 1

Star Tiffany (Host)

Attendees: 1 (1 displayed)

Attendee View (me)

Q&A

All (0)

Ask: All Panelists

Select a participant in the ask menu first and type your question here. There is a 256 character limit.

Send



Julia Murphy, AICP

Office of Sustainability
City of San Antonio, Texas

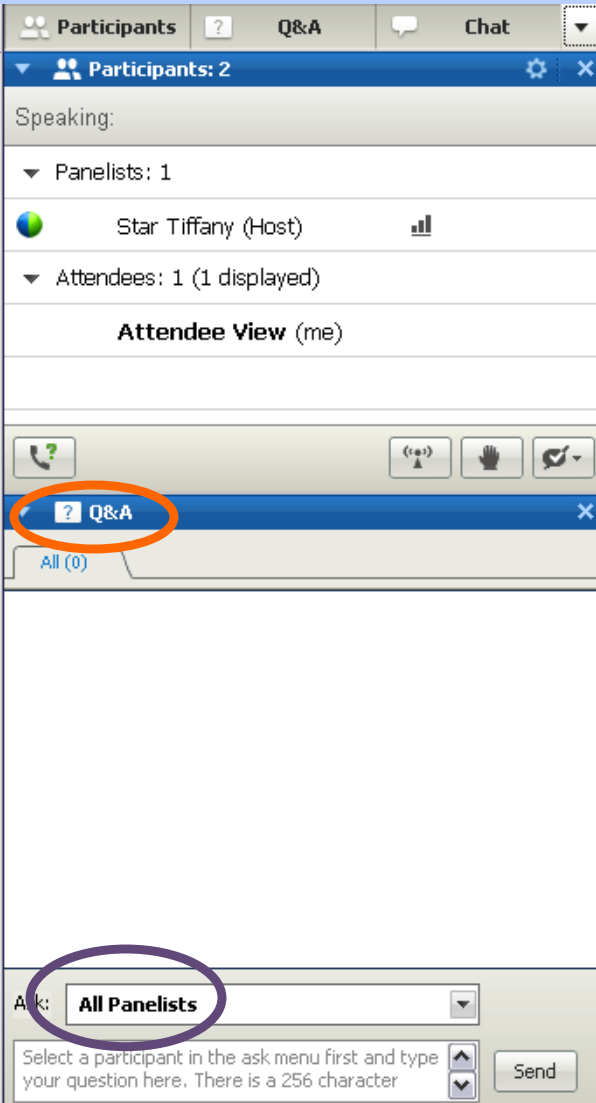
Julia Murphy hails from the City of San Antonio's Office of Sustainability. She runs the award-winning "San Antonio Bikes" program and is currently overseeing key projects such as the implementation of the comprehensive Bicycle Master Plan, San Antonio B-Cycle municipal bike share system, and a bicycle safety and awareness media campaign. In 2010, the city was awarded "Bicycle Friendly Community" status at the bronze level by the League of American Bicyclists. San Antonio was also named a top-50 city for cyclists by Bicycling magazine in 2012. A certified planner, Julia has a Master of Science degree in Community and Regional Planning from the University of Texas School of Architecture.

Website: www.sanantonio.gov/sustainability.aspx

Q&A Feature

Please submit questions via the
Q&A Feature

Please send your questions to
All Panelists



Participants Q&A Chat

Participants: 2

Speaking:

Panelists: 1

Star Tiffany (Host)

Attendees: 1 (1 displayed)

Attendee View (me)

Q&A

All (0)

Ask: All Panelists

Select a participant in the ask menu first and type your question here. There is a 256 character

Send

Thank you to our presenters:



**Nick
Sims**

nsims@uwca.org



**Vikrant
Sood**

VSood@mtc.ca.gov



**Julia
Murphy**

Julia.Murphy@sanantonio.gov

Thank you to our cosponsors:

***Active Living Research
Public Health Institute***



And the Dialogue4Health Staff!



**Star
Tiffany**



**Lotta
Chan**

Is Your Community Putting Prevention to Work? Ways to Increase Walking and Bicycling

Thursday, July 11, 2013

Thank you for joining our Web Forum!

The **Recording** and **Slides** will be available shortly at
www.Dialogue4Health.org

