Is Your Community Putting Prevention to Work?
Ways to Increase Walking and Bicycling

Thursday, July 11, 2013
10:00 AM to 11:30 PM Pacific
1:00 PM to 2:30 PM Eastern

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Recording and Slides will be available at www.Discourse4Health.org
Q&A Feature

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Please send your questions to **All Panelists**
Polling Feature

Please

1. Choose your answer, then
2. Click Submit
POLL #1

Are you attending this Web Forum:

a. Individually
b. In a group of 2-5 people
c. In a group of 6-10 people
d. In a group of more than 10 people
Debbie Lou is the program analyst with Active Living Research, a national program of the Robert Wood Johnson Foundation. Debbie engages advocacy, policy, and community groups to develop opportunities for research translation and dissemination, especially to ensure the research meets the needs of communities at highest risk for childhood obesity.

Debbie is co-author of a research synthesis with Dr. Wendell Taylor titled “Do All Children Have Places to be Active?” This synthesis reviews evidence showing that lower-income people and racial and ethnic minorities often live in communities that discourage active living.

Website:  www.activelivingresearch.org
Objectives

• Learn about CPPW projects from 3 different regions focused on active transportation;

• Understand how policies and the built environment impact public health;

• Identify how multiple sectors/stakeholders can work together to pursue active transportation projects
Thank you to our presenters:

Nick Sims

Vikrant Sood

Julia Murphy
POLL #2

How knowledgeable are you about the connections between “active transportation” and public health?

a. Very
b. Somewhat
c. Just a little bit
d. Not very much
Polling Feature

Please

1. Choose your **answer**, then
2. Click **Submit**
Q&A Feature

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Nick Sims
Safe Routes to Schools of Central Alabama

Nick currently works with Safe Routes to School of Central Alabama, a joint initiative of the Regional Planning Commission of Greater Birmingham and United Way of Central Alabama. During CPPW he worked with the Jefferson County Commission, and then the Jefferson County Health Action Partnership as a Planner in effort to improve the built environment through the adoption of plans and policies which create livable, walkable communities.

Website: www.saferoutesal.org
Q&A Feature

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POLL #3

From your own observations or knowledge, how common is it for children in your neighborhood to walk or bike to school?

a. Very common
b. Somewhat common
c. It’s very rare
d. I do not know
Polling Feature

Please

1. Choose your answer, then
2. Click Submit
Vikrant Sood is a Program Manager at the Metropolitan Transportation Commission, the regional transportation planning agency for the nine-county San Francisco Bay Area, where he manages the Regional Prosperity Plan, a $5 million program funded by the US Department of Housing and Urban Development, that promotes sustainable and healthy communities through coordinated housing, transportation and economic development strategies. Before joining MTC, Vikrant was the Program Manager for the Communities Putting Prevention to Work program at the San Diego Association of Governments (SANDAG).

Websites:  www.mtc.ca.gov and www.sandag.org
Q&A Feature

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POLL #6

According to a recent report from the League of American Bicyclists, which of the following is the fastest growing segment of the bicycling population?

a. White men  
b. People of color  
c. White women  
d. Children
Polling Feature

Please

1. Choose your **answer**, then
2. Click **Submit**
Q&A Feature

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Julia Murphy hails from the City of San Antonio’s Office of Sustainability. She runs the award-winning “San Antonio Bikes” program and is currently overseeing key projects such as the implementation of the comprehensive Bicycle Master Plan, San Antonio B-Cycle municipal bike share system, and a bicycle safety and awareness media campaign. In 2010, the city was awarded “Bicycle Friendly Community” status at the bronze level by the League of American Bicyclists. San Antonio was also named a top-50 city for cyclists by Bicycling magazine in 2012. A certified planner, Julia has a Master of Science degree in Community and Regional Planning from the University of Texas School of Architecture.

Website: www.sanantonio.gov/sustainability.aspx
Q&A Feature

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Thank you to our presenters:

Nick Sims  
nsims@uwca.org

Vikrant Sood  
VSood@mtc.ca.gov

Julia Murphy  
Julia.Murphy@sanantonio.gov
Thank you to our cosponsors:

Active Living Research
Public Health Institute
And the Dialogue4Health Staff!

Star Tiffany

Lotta Chan
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