Together on Diabetes: Collaborating with Community Health Workers to Alleviate the Nation’s Diabetes Burden

Wednesday, November 20, 2013
11:00 AM to 12:30 PM Pacific
2:00 PM to 3:30 PM Eastern

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Q&A Feature

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Please send your questions to All Panelists
Polling Feature

Please

1. Choose your answer, then
2. Click Submit
POLL #1

Are you attending this Web Forum:

a. Individually
b. In a group of 2-5 people
c. In a group of 6-10 people
d. In a group of more than 10 people
An Nguyen, MHA
Program Manager
National Network of Public Health Institutes

An Nguyen, MHA is a Program Manager at the National Network of Public Health Institutes (NNPHI), where she leads the workforce and leadership development projects and initiatives and manages NNPHI’s health disparities programming. NNPHI programs and projects that Ms. Nguyen manages include the Public Health Leadership Society (PHLS), Toolkit for Health and Resilience in Vulnerable Environments (THRIVE), Bristol-Myers Squibb Foundation’s Together on Diabetes initiative, Robert Wood Johnson Foundation project on public health nursing, and various CDC workforce development project.

Ms. Nguyen holds an MHA from Tulane University School of Public Health and Tropical Medicine in New Orleans, Louisiana and a BS in biology from the University of Southern California in Los Angeles, California.

Website: www.nnphi.org
*Together on Diabetes™* is the flagship philanthropic program of the Bristol-Myers Squibb Foundation. It was launched in November 2010 with the goal to improve health outcomes of people living with type 2 diabetes in the United States, China and India by strengthening patient self-management education, community-based supportive services and broad-based community mobilization. Consistent with the Bristol-Myers Squibb Foundation’s mission to promote health equity and improve health outcomes, this initiative targets adult populations disproportionately affected by type 2 diabetes.
Objectives

• To showcase three different models for collaborating with community health workers in type 2 diabetes management programs;

• Discuss strategies for training and funding for community health workers; and

• Discuss strategies for community engagement through community health workers.
POLL #2

Are you a community health worker, a peer supporter, or a lay health promoter?

a. Yes
b. No

Are you involved in a community health worker program or interested in working with community health workers?

a. Yes, I currently work with community health workers
b. Yes, I am interested in working with community health workers
c. No
POLL #2 continued

What are the primary ways you would like to engage or have engaged with community health workers?

*Please select all that apply*

- a. Community awareness
- b. Outreach and patient engagement
- c. Navigation for health insurance coverage
- d. Navigation for medical appointments
- e. Linkage to community resources
- f. Primary prevention and disease management education
- g. Healthy eating and active living resource creation
- h. Community organizing and mobilization
- i. Other (Please type your answer into Q&A)
Patricia Mae Doykos, PhD
Director
Bristol-Myers Squibb Foundation

Patricia Mae Doykos is Director of the Bristol-Myers Squibb Foundation. Dr. Doykos works on health strategy for the Foundation and leads the flagship philanthropic program, Together on Diabetes®: Communities Uniting to Meet America’s Diabetes Challenge which was launched in November 2010 to improve health outcomes of adults in the U.S. living with type 2 diabetes by strengthening patient self-management education, community-based supportive services and broad-based community mobilization. Dr. Doykos joined the Bristol-Myers Squibb Foundation in 2002 and has also developed and led U.S. and international grant making and partnership programs for women’s health, global HIV/AIDS, cancer, and serious mental illness.

Website:  www.bms.com/foundation/pages/home.aspx
Patricia Doykos, PhD, Director, Bristol-Myers Squibb Foundation
Purpose:

Promote health equity and improve outcomes of adults living with type 2 diabetes – both diagnosed and undiagnosed – who are disproportionately affected in China, India and the United States.

Focal points for US funding and partnership:

– Strengthen patient self management education and support and care navigation
– Strengthen and expand community supportive services and broadly mobilize communities to respond to the diabetes epidemic
– Foster a radical rethink and test new ideas for diabetes prevention and control efforts are approached, designed, implemented and evaluated
POLL #2 Results

Are you a community health worker, a peer supporter, or a lay health promoter?

a. Yes
b. No

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a. Yes, I currently work with community health workers
b. Yes, I am interested in working with community health workers
c. No

What are the primary ways you would like to engage or have engaged with community health workers? Please select all that apply

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g. Healthy eating and active living resource creation
h. Community organizing and mobilization
i. Other (Please type your answer into Q&A)
Introducing our presenters:

Allison Barlow
Juana Ballesteros
Lesley D. Lutes

Stacie Tsingine
Owen Laluk
Peggy Gatlin
Lizette Martinez
Allison Barlow, PhD, MA, MPH
Associate Director
Johns Hopkins Center for American Indian Health

Allison Barlow joined the Johns Hopkins Center for American Indian Health in 1991. She is currently Associate Director and Director of Behavioral Health for the Center. Her research and program development work focuses on family-based approaches to child and adolescent health and well-being for reservation-based American Indian tribes with geographic concentration in the southwestern U.S. Projects to date have included suicide, non-suicidal self-injury and depression prevention work; alcohol and drug abuse prevention; teen parenting outreach and early child development; and school age youth development—focused on fitness, nutrition, healthy lifestyles, cultural preservation and civic leadership. She is also co-founder of the NativeVision lifeskills youth development program, a collaboration between Johns Hopkins Center for American Indian Health and the National Football League Players Association.

Website:
www.jhsph.edu/research/centers-and-institutes/center-for-american-indian-health
Johns Hopkins Center for American Indian Health

Allison Barlow
Stacie Tsingine
Owen Laluk
Q&A Feature

Please submit questions via the Q&A Feature

Please send your questions to All Panelists
Dr. Lesley Lutes is an associate professor and director of clinical training for the doctoral program in clinical psychology at East Carolina University. Dr. Lutes is a licensed clinical psychologist, and health services provider, who specializes in developing innovative treatments for treatment of obesity and diabetes, particularly in underserved populations. Dr. Lutes has over 25 peer-reviewed publications and over three million dollars in grant funding examining a new approach to weight management called small changes. Dr. Lutes has received national awards for her innovative treatment approach and her research has been featured in the popular media including magazines such as Prevention, Health, Women’s World and on websites such as Livestrong. She is particularly committed and passionate about working with patients that typically do not have access to evidence-based treatments but whom could benefit the most.

Website:  www.ecu.edu/psyc
East Carolina University

Lesley Lutes

Peggy Gatlin
Q&A Feature

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Please send your questions to **All Panelists**
Juana Ballesteros, BSN, RN, MPH
Peers for Progress Project Manager
Alivio Medical Center

Juana has spent most of her career working in Chicago’s Latino communities addressing health disparities such as HIV/AIDS, prenatal and postnatal health, mental health, obesity, diabetes, and asthma. She currently works for Alivio Medical Center, a Federally Qualified Health Center where she coordinates the Peers for Progress project “My Health Comes First/Mi Salud es Primero. Mi Salud es Primero is a multi-year demonstration project that includes a multi-disciplinary team of doctors, nurses, mental health professionals, medical assistants, dieticians, diabetes educators and includes the integration of community health workers into this team. Community health workers are at the core of the project and offer direct diabetes education and peer support to patients. The aim of the project is to improve clinical indicators, diabetes management behaviors and quality of life for Alivio’s over 4000 diabetic patients.

Website: www.aliviomedicalcenter.org
Alivio Medical Center

Juana Ballesteros
Lizette Martinez
Q&A Feature

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Thank you to our presenters and moderator:

Patricia Mae Doykos
Allison Barlow
Juana Ballesteros
Lesley Lutes
An Nguyen

Stacie Tsingine
Owen Laluk
Peggy Gatlin
Lizette Martinez
And the Dialogue4Health Staff!

Star
Tiffany

Joanna
Hathaway
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