Call to Action
HEALTHY KERN, HEALTHY YOU
Widespread social inequities issues exist.
The Community Transformation Grant in Kern helped:

- Further develop our community coalition
- Maintain partners engaged
- Increase knowledge and awareness of obesity and chronic disease
- Develop strategies to overcome health inequities
- Initiate projects to reduce health disparities
COMMUNITY GARDENS IN KERN
COMMUNITY GARDENS IN KERN

Delano
COMMUNITY GARDENS IN KERN

Greenfield
COMMUNITY GARDENS IN KERN

Frazier Park

Taft
LESSONS LEARNED IN KERN

• It doesn’t matter how small the step may be, it is important to take that step forward.

• Individuals/organizations/communities can be found at different levels of readiness for this work.

• Continually work at building capacity.

• Find and sustain community champions.

• Facilitate & replicate.

• Connect the dots between efforts, resources and or individuals.
CONTACT INFORMATION

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