

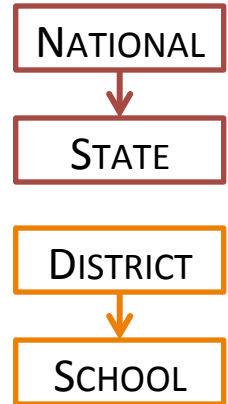
WHAT'S ALL THE HYPE?

An overview of where we are, how we got here, and what we have learned.



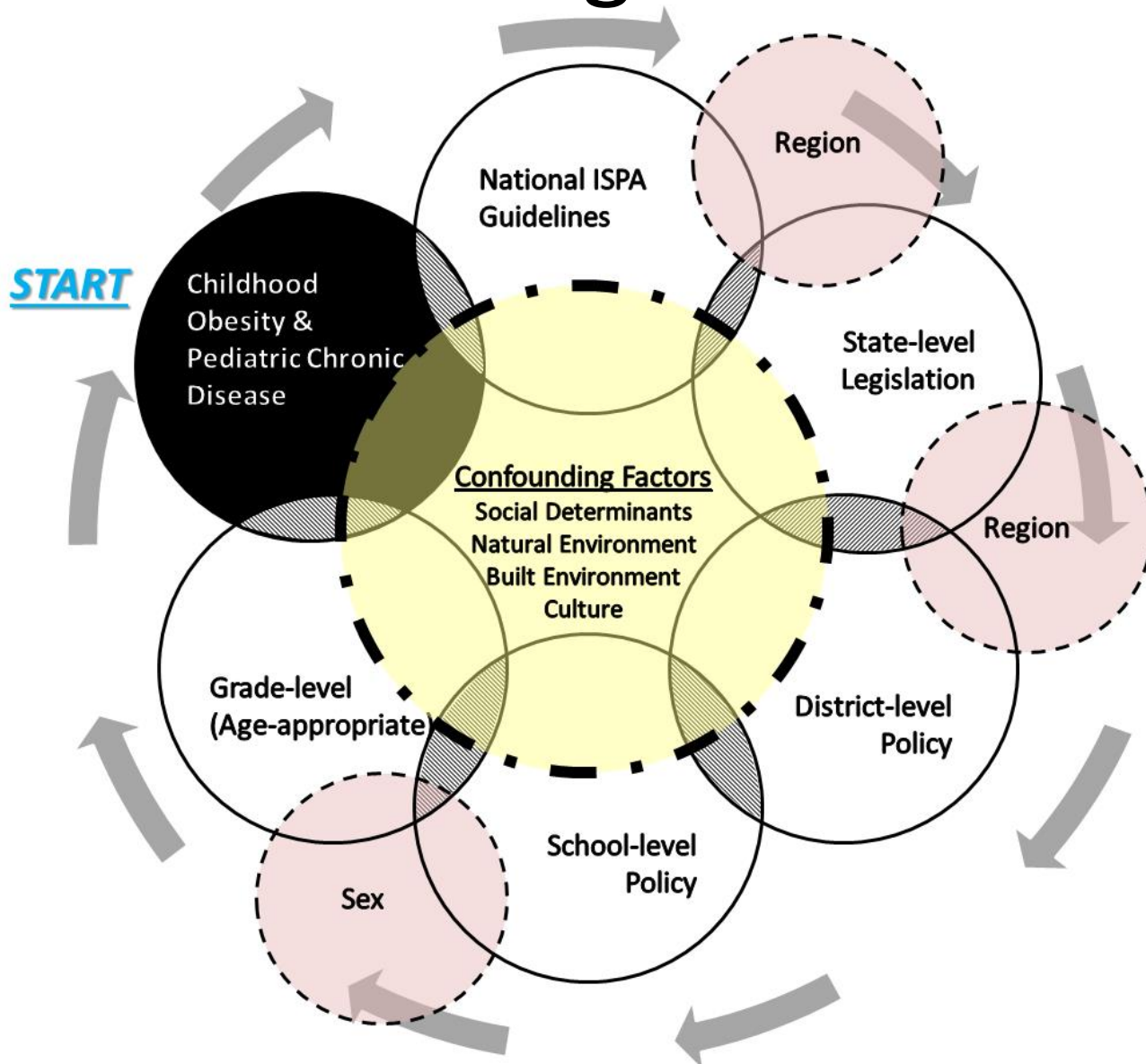
Where we are.

- “Educating the Whole Child”
 - Pressure to provide in-school physical activity
- Academic priorities – time
- Funding – space, staff, equipment



Estimates show that only about half of youth meet the current *Physical Activity Guidelines for Americans*' recommendation of at least 60 minutes of **daily** vigorous or moderate-to-vigorous physical activity.

How we got here.



What we have learned.

