



Brandon Jones, MA






A DEEP EMOTIONAL WOUND!

closely connected to Toxic Stress or Toxic
Environments



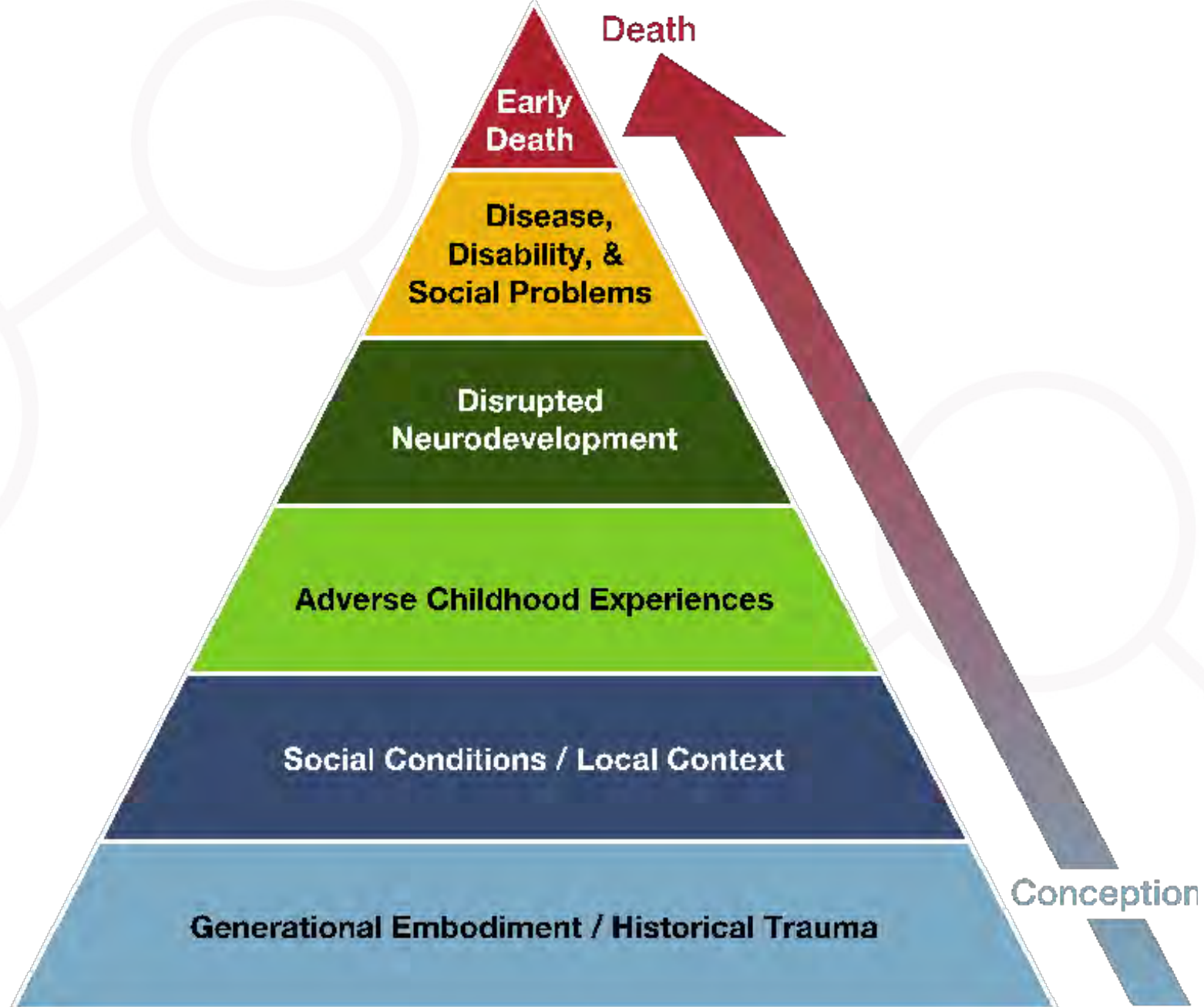
What role do you/your organization play in the intersection of ACEs/childhood trauma and addiction/overdose prevention?





What is the most important message that needs to be shared around changing the way we talk about ACEs in connection with addiction and overdose prevention?







"Childhood lasts forever. The experience we have as children affects our entire life."

- Brandon L. Jones, M.A.



Which partners are critical to engage in this work? What are effective ways to engage them?



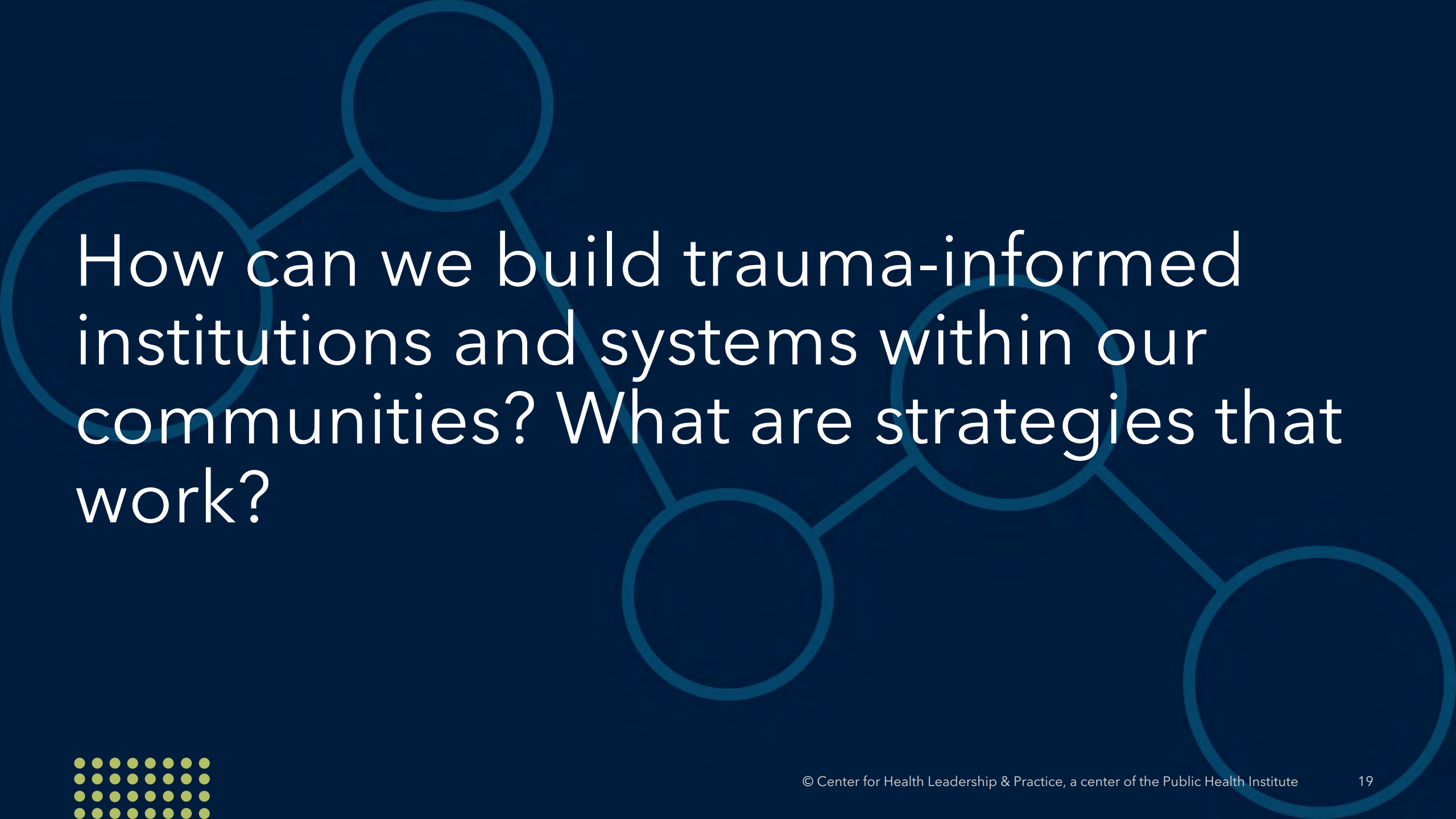


Community-Connectedness

Community-connectedness, the “degree to which a person or group is socially close, interrelated, or shares resources with other persons or groups,” is a known protective factor across the spectrum of harm and violence.

A high degree of community connectedness not only results in a lower risk for both the experience and the perpetration of harm or violence by individuals, it also makes it less likely that an entire community will experience violence.

Perhaps the most strategic shift that CBOs, funders, technical assistance providers, and other prevention professionals can make is to prioritize community-connectedness as the foundational framework from which prevention work is done.



How can we build trauma-informed institutions and systems within our communities? What are strategies that work?





Survival Stress Management

- A process of adapting to stressful situations by **acting or reacting without thinking of the consequences of our choices**; immediate satisfaction or instant self-gratification; resulting in increased stress and/or depression.
 - Judgmental and distorted thoughts and feelings, impatience, exploitation, aggression, abuse and violence directed against oneself or others.
 - Addictive substances and behavior (i.e., drugs, alcohol, sex, shopping, fast money, gambling, food, video games, etc.) produces a limited sense of relief requires repetitions.



What is a story that gives you hope?

- At 14 years old...many thought she was lost.
- Entering junior year in college
- Brain science helped!